



National Association  
for Colitis and Crohn's  
Disease

Contact Avon Group on:

tel: 0845 434 8513 or email:

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[www.groups.nacc.org.uk/AvonNorthSomerset](http://www.groups.nacc.org.uk/AvonNorthSomerset)

[www.nacc.org.uk](http://www.nacc.org.uk)

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# AVON & NORTH SOMERSET GROUP AUTUMN NEWSLETTER - 2009 Record fundraising year for Bradley Stoke!



NACC  
volunteers  
fundraising  
at the  
Bradley  
Stoke  
Summer  
Festival.

Picture - Bradley  
Stoke Journal



Georgie Bigg  
receiving a  
cheque from  
Councillor  
Robert Jones  
Mayor of  
Bradley  
Stoke.

Picture - Chris Kelly,  
Bradley Stoke  
Examiner

In May 2008 we were delighted to learn that Councillor Robert Jones, Bradley Stoke Mayor, had nominated NACC as his chosen charity and since that time he has raised a record amount for NACC. Councillor Jones performed his final duty in office when he presented a cheque for £6,993.95 to NACC, Avon Group. The amount represents money contributed towards the Bradley Stoke Mayor's Fund from donations or special money-raising events during the Mayor's year in office including the Community Festival in June 2008 and the Fireworks Display in November. We did our best to support as many of these events as possible.

The final fund-raising event of Councillor Jones' year in office was the Bradley Stoke sponsored walk around the Three Brooks Local Nature Reserve. Dark clouds dashed hopes for blue skies but the pouring rain didn't dampen spirits for the Sponsored Walk and Fun Day on Sunday 17<sup>th</sup> May 2009. Starting at the Willow Brook Centre, walkers enjoyed a gentle walk through the Three Brooks Nature Reserve. Children and adults had a chance to get to know the nature reserve by completing a questionnaire on the way and found fun and very welcome refreshments waiting for them at the Jubilee Centre.

We had a fantastic year and would like to thank not only Robert but also his fellow Councillors and staff at Bradley Stoke Town Council and John and Katie from South Gloucestershire Council who worked so hard helping to make the year a success for NACC.

Georgie Bigg

### **Personal Grants Fund**

Are you on a low income and have a need arising from your IBD? Then the Personal Grants Fund may be able to help.

Application can be made for grants up to £300 for any item of need which arises as a consequence of having Ulcerative Colitis and Crohn's Disease for example, a washing machine or dryer, beds and bedding, new clothing, a convalescent holiday or even special training or retraining costs.

Application forms are available on the NACC national website [www.nacc.org.uk](http://www.nacc.org.uk) (information and support) or by telephoning NACC on 01727 830038.

### **Dr John Naish, MD, FRCP deceased**

It is with great sadness we report the death on 6<sup>th</sup> August 2009 of Dr John Naish at the age of 94. Dr Naish was a huge supporter of NACC not just through his working life but also in his retirement. Many of you will have visited his beautiful garden at Algars Manor, which he kindly opened for NACC on several occasions. Our condolences go to his family.

### **Your local team needs you!**

We would very much welcome new members for our **Organising Team**. We're a friendly bunch! You can do as little or as much as you like. Lots of variety - making the tea, fund raising, bring and buy, card sales, taking minutes, helping with the newsletter, updating the website, stuffing envelopes - these are just a few of the many enjoyable tasks!!

Please contact us on 0845 434 8513

### **NACC Family Fun Day 2010**

We're planning a repeat of our Family Fun Day for children with IBD and their families and are looking for anyone wanting to help organise the day. Please contact us on 0845 434 8513.

### **NACC-in-Contact**

Confidential support from trained NACC volunteers who have personal experience of living with Ulcerative Colitis or Crohn's Disease

**0845 130 3344**

Monday-Friday, 1pm-3.30pm  
6.30pm-9pm

### **Information Service**

Get help from NACC Information Officers on IBD and related issues

**0845 130 2233**

Monday-Friday, 10am-1pm  
answerphone service outside these hours

### **DLA Support**

Call the Information Service to arrange a telephone appointment with a trained Volunteer for help with Disability Living Allowance or Attendance Allowance.

### **Parent to Parent**

Talk to another parent who has a child with IBD.

Telephone appointments can be made by calling the Information Service.

**Spring 2010 NACC Medical Meeting is to be held in Bath. Telephone us or check out our website for further information.**

## Bradley Stoke Sponsored Walk - 17<sup>th</sup> May 2009



Pictures - Bradley Stoke Journal

Liz at the launch of the new 'Celebration Time' NACC rose!



Liz Young's visit to BBC Gardeners' World Live at the NEC in June coincided with the launch of this lovely new floribunda rose to mark NACC's 30<sup>th</sup> Anniversary. The rose named 'Celebration Time' will be sold in aid of NACC, with 20% from each sale coming to NACC. This first year just 400 roses are available, for delivery and planting in November, but in 2010 they will be fully available. The rose is a rich mahogany pink. It has very glossy foliage and is scented. Available from C & K Jones 01829 740663 [www.jonestherose.co.uk](http://www.jonestherose.co.uk)